



PROGRAM OVERVIEW

Location **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**

Tiny Turtles For beginner swimmers, ages 5-7, that are comfortable in the water with no fear, eager to swim and have the ability to focus and engage with the instructor. \$350 for 7 week lesson with a \$42.95 registration fee. [Click me to sign up!](#)

Aurora Central HS	5:30-5:55 pm 6:00-6:25 pm		5:30-5:55 pm			9:00-9:25 am 9:30-9:55 am
Adams City HS		4:45-5:10 pm 4:45-5:10 pm				
Denver West HS			5:00-5:25 pm			
Morey Middle School				5:00-5:25 pm		

Big Turtles For emerging swimmers, ages 7-9, that are comfortable in the water with no fear, eager to swim and have the ability to focus and engage with the instructor. \$350 for 7 week lesson with a \$42.95 registration fee.

Aurora Central HS	6:30-7:10 pm 7:15-7:55 pm		6:00-6:40			10:00-10:40 am 10:30-11:10 am 10:50-11:30 am 11:40 am-12:05 pm 12:15-12:55 pm
Adams City HS		4:00-4:40 pm 5:15-5:55 pm 5:15-5:55 pm 6:50-7:30 pm				
Denver West HS			5:30-6:10 pm			
Morey Middle School				5:30-6:10 pm		

Starfish 1 For emerging swimmers, ages 6-10, that meet prior level prerequisites, can swim 10 yards of freestyle, swim on their back and dolphin kick for 1/2 a lap, and understand the concept of breaststroke. | \$315 for 7 week lesson with a \$42.95 registration fee.

Aurora Central HS	5:30-6:10 pm 6:15-6:55 pm		6:45-7:25 pm			9:00-9:40 am 10:30-11:10 am 12:10-12:50 pm
Adams City HS		4:00-4:40 pm 4:30-5:10 pm 6:05-6:45				
Denver West HS			6:15-6:55 pm			
Morey Middle School				5:45-6:25 6:15-6:55		

Starfish 2 For emerging swimmers, ages 6-11, that meet prior level prerequisites, can swim freestyle and backstroke 25 yards, understands the concept of butterfly and breaststroke, and can dive into the pool unassisted. | \$315 for 7 week lesson with a \$42.95 registration fee.

Aurora Central HS	6:15-6:55 pm		6:15-6:55 pm			9:45-10:25 am 12:10-12:50 pm
Adams City HS		4:45-5:25 pm 5:15-5:55 pm 6:50-7:30 pm				
Denver West HS			7:00-7:40 pm			
Morey Middle School				6:30-7:10		

Narwhals For proficient swimmers, ages 9-12, that meet prior level prerequisites, can swim 50 yards of freestyle and backstroke, swim 25 yards butterfly and breaststroke, and can dive into the pool unassisted. | \$315 for 7 week lesson with a \$42.95 registration fee.

Aurora Central HS	7:00-7:40 pm		7:00-7:40 pm			9:45-10:25 am 11:20 am-12:00 pm
Adams City HS		6:05-6:45 pm 7:05-7:45 pm				
Denver West HS			5:45-6:25 pm			
Morey Middle School				5:00-5:40		

Swim Squad 1 Non-competitive swim team for ages 7-10, that can swim freestyle, backstroke and are beginners in breaststroke and butterfly. \$200 for 7 week lesson with a \$42.95 registration fee.

Aurora Central HS	5:30-6:25 pm					9:30-10:25 am
Adams City HS		5:35-6:30 pm				
Denver West HS			6:30-7:25 pm			

Swim Squad 2 Non-competitive swim team for ages 10-12, that can swim all four competitive strokes. \$200 for 7 week lesson with a \$42.95 registration fee.

Aurora Central HS	6:30-7:25 pm					10:30-11:25 am
Adams City HS		6:35-7:30 pm	5:30-6:25 pm			

Swim Squad 3 Non-competitive swim team for ages 11-18, that can swim all four competitive strokes and are looking to build endurance. \$200 for 7 week lesson with a \$42.95 registration fee.

Aurora Central HS			6:30-7:25 pm			11:30 am-12:25 pm
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My Spark Group Lessons For 11-15 year old beginner swimmers. \$315 for 7 week lesson with a \$42.95 registration fee.

Aurora Central HS	5:30-6:10 pm 7:00-7:40 pm		5:30-6:10 pm			9:00-9:40 am 11:20 am-12:00 pm
Adams City HS		4:00-4:40 pm 6:05-6:45 pm				
Denver West HS			5:00-5:40 pm			
Morey Middle School				7:00-7:40 pm		



PROGRAM OVERVIEW

Location Monday Tuesday Wednesday Thursday Friday Saturday

Private Lessons	For adult or youth (ages 5+) swimmers of various skillset ranges (beginner to ironman competitors) that require or prefer one-on-one training. \$600 for 7 week lesson with a \$42.95 registration fee.					
Aurora Central HS	7:30-7:55 pm		7:30-7:55 pm 7:30-7:55 pm			9:00-9:25 am 12:30-12:55 pm
Adams City HS <i>*Gavin Ross Lesson*</i>	*4:00-4:25 pm 4:30-4:55 pm	4:00-4:25 pm 7:35-8:00 pm 7:35-8:00 pm 7:35-8:00 pm	*4:00-4:25 pm 4:30-4:55 pm			
Denver West HS			7:30-7:55 pm			
Morey Middle School				7:15-7:40		

Neurodiverse / Special Needs Private Lessons	For youth (ages 5+) who are Neurodiverse and/or have Special Needs who require or prefer one-on-one training. \$600 for 7 week lesson with a \$42.95 registration fee.					
		Adams City HS				Aurora Central HS
		4:00-4:25 pm 4:30-4:55 pm 5:00-5:25 pm 5:30-5:55 pm 6:00-6:25 pm 6:30-6:55 pm 7:00-7:25 pm 7:30-7:55 pm				9:00-9:25 am 9:30-9:55 am 10:00-10:25 am 10:30-10:55 am 11:00-11:25 am 11:30-11:55 am 12:00-12:25 pm 12:30-12:55 pm

KEY

- Aurora Central/
Adams City
Start Dates
- Aurora Central/
Adams City
End Dates
- Denver West/
Morey
Start Dates
- Denver West/
Morey
End Dates
- Holiday - CLOSED

FALL SESSION CALENDAR

AUGUST							SEPTEMBER							OCTOBER						
SU	MO	TU	WE	TH	FR	SA	SU	MO	TU	WE	TH	FR	SA	SU	MO	TU	WE	TH	FR	SA
				1	2	3	1	2	3	4	5	6	7			1	2	3	4	5
4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12
11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19
18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26
25	26	27	28	29	30	31	29	30						27	28	29	30	31		

Questions?
Call (303) 554-SWIM (7946)
or email
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