



## **Summary**

**This is our tentative (but very close to final) fall programming 2022 at each of our BIG POOL\*\* locations!** These are our competition size and temperature pools, excellent for stroke development and technique work. Please click on the links below for detailed descriptions of each level. Sessions are 11 weeks long (with two dates off for fall break and Thanksgiving) with one additional week reserved for make-up lessons.

### **Make-up Lesson/Clinic/Swim Squad Overview:**

- We will have a make-up week in December for each session, as noted below.
- If you need to miss more than one clinic, please note that we will not be able to offer additional make-up clinics – other than in December.
- If you need to miss more than one private lesson, we will have a very limited amount of make-up lessons available (see below), and we will do our best to accommodate one additional private lesson; but we cannot guarantee a make-up for the private lesson.
- If you need to miss a Swim Squad, please reach out to us to see if we can accommodate your swimmer at a different location or different day. We will be happy to do this if there is space available!

*If you know that you need to miss more than one or two dates, please consider signing up in the spring. We have worked to keep our prices as reasonable as possible in a very high-quality program, and this approach to make-up clinics and lessons helps us do that. Of course, if there are extenuating circumstances, please reach out to us! We are committed to working with families and swimmers whenever possible.*

### **Programming Overview:**

- [Private Youth Instruction \(5 and up\)](#)

- [Swim Squad I](#)
- [Swim Squad II](#)
- [Clinics](#)
  - Turtles I (2:1, semi-private)
  - Turtles II (3:1, swimmers to instructor)
  - Starfish I (4:1, swimmers to instructor)
  - Starfish II (4:1, swimmers to instructor)
  - Narwhals (4:1, swimmers to instructor)
- [Colorado Blue](#) (our newly launched competitive year-round swim team)

## Programming by location, date and time

### TUESDAY

#### [AURORA CENTRAL](#)

RUN DATES (11 weeks): 9/6/22-11/29/22 (NO CLASSES: 10/18 and 11/22)

Make-up date: 12/6

|      |                               |                                   |                                   |
|------|-------------------------------|-----------------------------------|-----------------------------------|
| 6:15 | <a href="#">Swim Squad I</a>  | <a href="#">Turtles II</a>        | <a href="#">Turtles II</a>        |
| 6:55 |                               |                                   |                                   |
| 7:00 |                               | <a href="#">Starfish II</a>       | <a href="#">Starfish I</a>        |
| 7:10 |                               |                                   |                                   |
| 7:15 | <a href="#">Swim Squad II</a> |                                   |                                   |
| 7:45 |                               |                                   |                                   |
| 7:50 |                               |                                   |                                   |
| 8:00 |                               | <a href="#">Private (make-up)</a> | <a href="#">Private (make-up)</a> |
| 8:15 |                               |                                   |                                   |

### WEDNESDAY

#### [MOREY MIDDLE SCHOOL](#)

RUN DATES (11 weeks): 9/14-12/7 (NO CLASSES: 10/12 and 11/23)

Make-up date: 12/14

|             |                             |                            |                            |
|-------------|-----------------------------|----------------------------|----------------------------|
| 6-6:40pm    | <a href="#">Starfish II</a> | <a href="#">Starfish I</a> | <a href="#">Turtles II</a> |
| 6:45-7:25pm | <a href="#">Starfish II</a> | <a href="#">Narwhals</a>   | <a href="#">Starfish I</a> |
| 7:30-8pm    | <a href="#">Private</a>     | <a href="#">Private</a>    | <a href="#">Private</a>    |

## THURSDAY

### [AURORA CENTRAL](#)

RUN DATES (11 weeks): 9/8-12/1 (NO CLASSES: 10/13 and 11/24)  
 Make-up date: 12/8

|      |                         |                               |                               |
|------|-------------------------|-------------------------------|-------------------------------|
| 6:15 |                         |                               |                               |
| 6:30 | <a href="#">Private</a> | <a href="#">Swim Squad II</a> | <a href="#">Swim Squad II</a> |
| 7:10 |                         |                               |                               |
| 7:15 | <a href="#">Private</a> |                               |                               |
| 7:40 |                         | <a href="#">Swim Squad II</a> | <a href="#">Swim Squad II</a> |
| 7:45 | <a href="#">Private</a> |                               |                               |
| 8:10 |                         |                               |                               |

## THURSDAY

### [NORTH HIGH SCHOOL](#)

RUN DATES (11 weeks): 9/15-12/18 (NO CLASSES: 10/13 and 11/24)  
 Make-up date: 12/15

|      |                               |                             |
|------|-------------------------------|-----------------------------|
| 5:45 |                               | <a href="#">Starfish I</a>  |
| 6:20 | <a href="#">Swim Squad I</a>  |                             |
| 6:25 |                               |                             |
| 6:40 |                               | <a href="#">Starfish II</a> |
| 6:45 |                               |                             |
| 7:15 | <a href="#">Swim Squad II</a> |                             |
| 7:35 |                               | <a href="#">Private</a>     |
| 7:40 |                               |                             |
| 8:00 | <a href="#">Private</a>       |                             |
| 8:10 |                               |                             |

## SATURDAY

### [AURORA CENTRAL](#)

RUN DATES (11 weeks): 9/10-12/3 (NO CLASSES: 10/15 and 11/26)  
 Make-up date: 12/10

|             |                               |                              |                            |                            |
|-------------|-------------------------------|------------------------------|----------------------------|----------------------------|
| 10:00-10:40 | <a href="#">Starfish II</a>   | <a href="#">Turtles I</a>    | <a href="#">Turtles I</a>  | <a href="#">Starfish I</a> |
| 10:45-11:20 | <a href="#">Starfish II</a>   | <a href="#">Turtles II</a>   | <a href="#">Turtles II</a> | <a href="#">Starfish I</a> |
| 11:30       | <a href="#">Swim Squad II</a> | <a href="#">Swim Squad I</a> | <a href="#">Private</a>    | <a href="#">Private</a>    |
| 11:55       |                               |                              | <a href="#">Private</a>    | <a href="#">Private</a>    |
| 12:00       |                               |                              | <a href="#">Private</a>    | <a href="#">Private</a>    |
| 12:30       |                               |                              |                            |                            |
| 1:00        |                               |                              |                            |                            |
| 1:00-1:40   | <a href="#">Narwhals</a>      | <a href="#">Starfish I</a>   | <a href="#">Turtles I</a>  | <a href="#">Turtles I</a>  |
| 1:45-2:10   | <a href="#">Starfish II</a>   | <a href="#">Starfish I</a>   | <a href="#">Turtles II</a> | <a href="#">Turtles II</a> |
| 2:15-2:40   | <a href="#">Private</a>       | <a href="#">Private</a>      | <a href="#">Private</a>    | <a href="#">Private</a>    |

\*\* Note: if you are looking for programming for swimmers aged 0-5, please see our [Swim Otters programming](#). This programming is in a small, warm-pool that supports our youngest swimmers. Our Big Pool programming is in 25 yard or meter competition pools, with a temperature that is appropriate for hard swimming.